

## Department of Dermatology Grand Rounds

# Shifting the Focus From Illness to Wellness



## Shaista Malik, MD, PhD, MPH

Associate Professor, Medicine  
Director, Susan Samueli Center for Integrative Medicine  
Medical Director, Preventive Cardiology and Cardiac Rehab  
Director, Women's Heart Center  
UC Irvine Health

Shaista Malik is a tenured associate professor in the UCI division of cardiology, department of medicine and has been faculty at UCI for the last nine years. She has been at UC Irvine since medical school and stayed at UCI for her residency in internal medicine, cardiology fellowship, and was chief cardiology fellow.

## Moderator: Janelle Smith, MD

Professor, Department of Dermatology  
UC Irvine Health School of Medicine

Dr. Malik is a clinical scientist, she sees patients, teaches, and does research. She is an investigator on several National Institute of Health (NIH) grants, including a career development award, a K23, from NIH (NHLBI) looking at the role of cardiac CT in those with diabetes. She was also recently awarded a prestigious large research project grant, a RO1, looking at the root causes, including the genetics of heart disease. Her research interests include prevention of heart disease and women's heart disease. She has helped write national guidelines on training cardiologists as well as American College of Cardiology position paper on cardiovascular imaging in diabetes. She has also edited two books and written several book chapters. She is a section editor for three medical journals. Dr. Malik is the Susan Samueli endowed chair of Integrative Medicine, director of the Susan Samueli Center for Integrative Medicine, director of the women's heart disease program, and the medical director of the preventive cardiology and cardiac rehab program.

## Wednesday, September 28, 2016

### Dermatology Clinic at Gottschalk Medical Plaza

1 Medical Plaza Dr., Irvine, CA (Second Floor)  
8 to 8:45 a.m.—Patient Viewing

### Weinstein Library

125 Med Surge I  
8:45 to 10 a.m.—Patient Discussion  
10:15 to 11:15 a.m.—Lecture

Activities approved for 3 AMA PRA Category 1 Credits™.

*Special thanks to Celgene and Novartis for exhibiting at this session.*

**Target Audience:** The target audience for the Department of Dermatology Grand Rounds is attending physicians, fellows, community physicians and other health care professionals.

**Statement of Purpose:** The format will include lectures detailing diagnosis, management and therapeutic interventions for selected dermatologic topics, and occasional case presentations with review of interesting cases. Clinical test results and radiographic findings will also be included. Current landmark research findings will be discussed.

**Accreditation statement:** The UC Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Dermatologic Grand Rounds Global Objectives

- Summarize core competencies in Dermatology as identified by the Accreditation Council for Graduate Medical Education.
- Assessment and management of complex skin diseases including but not limited to cancer.
- Cite current research findings in the field of dermatology and dermatopathology.
- Discuss key issues in the delivery of dermatologic care to a wide range of therapeutic modalities and combination therapy to increase efficacy and minimize side effect profiles.

**Designation statement:** The UC Irvine School of Medicine designates this live activity for a maximum of 3 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure: Lecturer/Moderator:** Shaista Malik, MD, PhD, MPH, has disclosed that she has no relevant financial relationships to disclose. Janelle Smith, MD has disclosed that she is an honorarium recipient for Solta, Zeltiq and Sciton; a member of the scientific advisory board for Zeltiq and Sciton; and a board member for Arbonne, which could be perceived as a potential conflict of interest in her presentation.

Janelle Smith, MD has disclosed that based on her potential conflict of interest, she will support her presentation and clinical recommendations with the best available evidence in the medical literature and will refrain from making recommendations regarding products or services.

**Course Director/Planners:** Christopher Zachary, FRCP has disclosed that, as course director, he is an educational grant recipient from Solta, is an honorarium recipient for Solta/Alma, is a member of the scientific advisory board for Zeltiq and receives an equipment loan from Cynosure. Christopher Zachary, FRCP has disclosed that based on his potential conflict of interest, to the best of his ability, he will ensure that any speakers or content he suggests are free from commercial bias. Hege Grande Sarpa, MD has disclosed that, as a course planner, she has no affiliations, arrangements or financial agreements, which could be perceived as a potential conflict of interest. Janelle Smith, MD has disclosed that, as course planner, she is an honorarium recipient for Solta, Zeltiq and Sciton; a member of the scientific advisory board for Zeltiq and Sciton; and a board member for Arbonne. Janelle Smith, MD has disclosed that based on her potential conflict of interest, to the best of her ability, she will ensure that any speakers or content she suggests are free from commercial bias. Dr. Smith further discloses that she will excuse herself from planning activity content in which she has a conflict of interest. Judy Hobert has also disclosed that, as an administrative staff, she has no affiliations, arrangements or financial agreements, which could be perceived as a potential conflict of interest.

**ADA Statement:** In compliance with the Americans with Disabilities Act, contact us three days in advance about special needs for any attendee. Contact Judy Hobert at [jhobert@uci.edu](mailto:jhobert@uci.edu) or 949-824-4405.